Fast Food Research Paper

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exposed to fast food near their new school from September until the time of a spring fitness test, while weight gain during pregnancy pertains to the 9 months of pregnancy. While it is clear that fast food is often unhealthy, it is not obvious a priori that changes in the availability of fast food should be expected to have an impact on health.

**FACTORS THAT AFFECT FAST FOOD CONSUMPTION**

2 Factors That Affect Fast Food Consumption

A Review of the Literature

Fast food is usually referred to hamburgers, pizza, or fries, or the kind of food that can be prepared and served quickly at low price. Since 1950’s, fast food was penetrating the food market and becoming more and more popular.

**Causes And Effects Of Fast Food Eman Al-Saad**

Abstract: Fast food affects our life in many aspects. In fact, there are many reasons that have been shown why people continue eating fast food while they knew about its negative effects on their health and family because of eating fast food. The food can be classified as fast food, junk food, whole food, organic food out of these whole food is unprocessed, unrefined so it has very short shelf life [1]. Nowadays, mostly all food products have food preservatives. The purpose is generally to preserve the natural characteristics of food and to increase the shelf life.

Exploring fast food consumption behaviours and social influence Submitted in full requirement for the degree of Doctor of Philosophy

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Food Addiction: Current Understanding and Implications for Regulation and Research The Harvard community has made this article openly available. Please share how this access benefits you. Your story matters Citation Margareta Sorenson, "Food Addiction: Current understanding and implications for regulation and research," (April 2, 2012).

fast-food restaurants at the neighborhood level is associated with poorer diet quality and increased obesity (17, 18). Fast-food consumption is a trend that is still rising; quick-service restaurants are expected to post sales of $164.8 billion in 2010, a 3% increase from 2009 (19). Few studies have estimated fast-food consumption at the neighborhood level.

Research into junk food and fast food restaurants have found that there is a direct relationship between the number of fast food restaurants located within the local area and obesity rates [3]. According to a survey by the Institute of Food Technologists, 75% of Americans are eating their dinners at home, nearly half those meals are fast foods.